

# Sussex Cyclist' Association (SCA)

Founded 1921





(Promoted by Central Sussex Cycling Club for and on behalf of the SCA for Cycling Time Trials under their rules and regulations)

Timekeepers Start Mr Richard Meed Event Secretary Mr Clive Jackson

Finish Mr Mick Irons Ashfold Barn, Horsham Road,

Handcross, West Sussex,

RH17 6DT

Phone: Home (01444) 401139 Mobile 07885 284 628

**Awards** 

MENS	1 <sup>ST</sup> £40	$2^{ND}$ £30	3 <sup>RD</sup> £20	TEAM OF THREE		
LADIES	1st £40	$2^{ND}$ £30	3 <sup>RD</sup> £20	$1^{ST}$ £10 each $2^{ND}$ £5		
VET ON STANDARD				FASTEST AGE 55 – 60 yrs £15		
	1 <sup>ST</sup> £25	$2^{ND}$ £15	3 <sup>RD</sup> £10	FASTEST AGE 61 – 65 yrs	£15	
<b>ROAD BIKE</b>	S (MEN)			FASTEST AGE 66 – 70 yrs	£15	
	1 <sup>ST</sup> £30	2 <sup>ND</sup> £20	3 <sup>RD</sup> £10	FASTEST AGE 70 YRS +	£15	
ROAD BIKES (LADIES)						
	1 <sup>ST</sup> £30	2 <sup>ND</sup> £20	3 <sup>RD</sup> £10	NEW COURSE RECORD	£25	

### Headquarters

Handcross Sports Pavilion, High Street Handcross, RH17 6BR (Open from 7.30am).

Please sign on at the race headquarters to receive your numbers – all competitors MUST sign out on completion of race.

#### **Safety Notes**

- NEW CTT regulation: A REAR LIGHT MUST BE IN PLACE AND FUNCTIONING OR NO RIDE.
- Details of any additional hazards not listed on the Start Sheet will be displayed at the signing on point. All
  competitors MUST read these details when they sign on.
- Competitors are requested not to warm up on the course after the first competitor has started.
- Competitors must exercise extra care when joining the A281, when riding through Cuckfield Village and Whitemans Green, and when negotiating all roundabouts
- In Cowfold take extra care on approach to mini roundabouts as traffic on the A272 has priority. Additionally, be aware of Co-op store car park entrance prior to first mini roundabout here.
- NOTE: Cowfold has pedestrian crossing lights which must be obeyed.

#### **London South District Regulation:**

No Vehicles, except those of the timekeepers and race officials shall be parked in the vicinity of the start and finish areas.

- To get to the start, turn right out of the Headquarters and follow the B2114 to Staplefield, turn right at the Jolly
  Tanners Pub and proceed across Staplefield Green up Staplefield Lane to turn left and left onto the B2115. Follow
  arrows to the start.
- After finishing, continue along the B2110 to mini roundabout where the Headquarters can be seen to the left.
- No times will be given at the finish line.

CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and event promoters strongly advise all competitors to wear a hard shell helmet that meets internationally accepted safety standards. Additionally, riders are recommended to show a bright red rear light.

### Attention all competitors:

Please note that from 2017 all competitors are now required to personally sign the signing out sheet when returning their number. Failure to do this will result in the competitor being recorded as DNF.



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# 25 MILE HARDRIDERS TIME TRIAL Sunday 1st March 2020

OS REF	COURSE DIRECTIONS - GS/195	DISTANCES		
TQ276260	START on B2115, Warninglid to Slough Green road, 0.49 mile east of A23, opposite eastern side of entrance to Paternosters (not Paternosters Fruit Farm).	0.00	0.00	
TQ284260	Proceed east on B2115 to B2114 at Slough Green	0.63	0.63	
TQ262298	Where left on B2114 via Staplefield to Handcross	2.84	3.47	
TQ219262	Where left on A279 via Lower Beeding to A281	3.74	7.21	
TQ213226	Where left to Cowfold, straight on at 1st roundabout,	2.33	9.54	
TQ213225	Then left at 2nd roundabout on A272	0.06	9.60	
TQ266223	Via Bolney roundabout	3.42	13.02	
TQ291233	And Ansty roundabout	1.68	14.70	
TQ297240	To roundabout south-west of Cuckfield, where first left into Cuckfield	0.59	15.29	
TQ303255	Proceed north through Cuckfield, At north end of Cuckfield, take 2nd left onto B2036	1.20	16.49	
TQ309332	via Balcombe to B2110 where left	5.10	21.59	
TQ264302	to FINISH at western end of lay-by, 0.08 mile east of mini-roundabout 0.18 mile east of Handcross Sports pavilion HQ.	3.42	25.01	

Thanks to everyone for supporting this event.

Unfortunately there are numerous potholes on our course – as on most of our roads at this time. Please take care and look out!

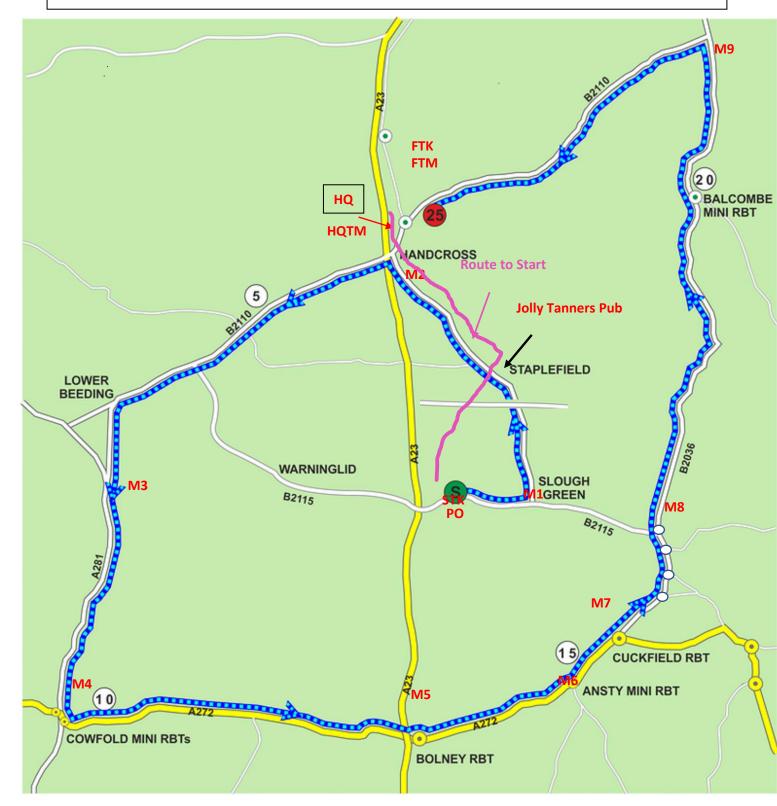
We hope you all have a safe and enjoyable day!

CliveJackson

### COURSE G5/195: SCA Hardriders 25: 3/3/2020 (Course details on Sussex Cyclists Association website)

Event Headquarters: Handcross Recreation Ground Pavilion – entry by roundabout at North end of village. Headquarters open from 0730.

**ALLOW AT LEAST 15 MINS** from Headquarters to start. Follow signs from headquarters to start.



TK	Start Timekeeper	Richard Meed	M7	Marshall	John Gallsworthy
PO	Push Off	John Awcock	M8	Marshall	Mike Anton
M1	Marshall	TBC	M9	Marshall	Stuart Payne
M2	Marshall	Dave Dallimore			
M3	Marshall	Colin Tamon	FTK	Finish Timekeeper	Mike Irons
M4	Marshall	Geoff Ericsson	FTM	Finish Time Marshall	Jo Atkins
M5	Marshall	Don Awcock	HQTM	Headquarters Time Marshall	Rex Wells
M6	Marshall	Dave & Beryl Dalziel			

### **ENTRANTS:**

Bib	StartTime	FirstName	Last Name	Club	Gender	Cat	Age
2	08:32:00	Jack	Dunne	Lindfield Coffee Works	Male	Senior	25
3	08:33:00	Richard	Payn	34 Nomads CC	Male	Veteran	56
4	08:34:00	Stewart	Twidle	Njinga Cycling	Male	Senior	38
5	08:35:00	Helen	Mckay	Les Filles Racing Team	Female	Veteran	42
6	08:36:00	Peter	Davies	Brighton Mitre CC	Male	Veteran	62
7	08:37:00	Dominic	Maxwell	Worthing Excelsior CC	Male	Veteran	46
8	08:38:00	Roger	Smith	South Downs Bikes / Casco Pet	Male	Veteran	45
9	08:39:00	Colin	Toppin	Worthing Excelsior CC	Male	Veteran	47
10	08:40:00	Simon	Mumme	Paceline RT	Male	Senior	38
11	08:41:00	lan	Cheesman	Worthing Excelsior CC	Male	Veteran	50
12	08:42:00	Darren	Clarke	Festival Road Club	Male	Veteran	46
13	08:43:00	Andy	Pearson	Serpentine Running Club	Male	Veteran	42
14	08:44:00	lain	Duncan	Crawley Wheelers	Male	Veteran	47
15	08:45:00	Justin	Webb	VTTA (London & Home Counties)	Male	Veteran	41
16		NO	RIDER				
17		NO	RIDER				
18	08:48:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	71
19	08:49:00	Tom	Sanderson	Phoenix Cycling Club	Male	Veteran	46
20	08:50:00	Brian	Jones	Horsham Cycling	Male	Veteran	69
21	08:51:00	Peter	Owen	Norwood Paragon CC	Male	Veteran	58
22	08:52:00	Stuart	Hourigan	34 Nomads CC	Male	Veteran	43
23	08:53:00	Chris	Beales	Pearson Cycling Club	Male	Veteran	58
24	08:54:00	Henry	James	Crawley Wheelers	Male	Senior	27
25	08:55:00	Nik	Allen	Worthing Excelsior CC	Male	Veteran	48
26	08:56:00	Kevin	Plummer	South Downs Bikes / Casco Pet	Male	Veteran	54
27	08:57:00	Nicholas	Finch	Horsham Amphibians Triathlon	Male	Veteran	44
28	08:58:00	Simon	Pontin	Addiscombe CC	Male	Senior	23
29	08:59:00	Sam	Storer	Crawley Wheelers	Male	Veteran	44
30	09:00:00	Simon	Barbour	AS Test Team	Male	Senior	32
31	09:01:00	Colin	Gray	Norwood Paragon CC	Male	Veteran	58
32	09:02:00	John	Marinko	Brighton Mitre CC	Male	Veteran	54
33	09:03:00	Jon	Hughes	Velo Club Godalming & Haslemere	Male	Veteran	48
34	09:04:00	Stuart	Bettis	South Downs Bikes / Casco Pet	Male	Senior	35
35	09:05:00	Henrik	Persson	Kingston Wheelers CC	Male	Senior	36
36	09:06:00	David	Shepherd	a3crg	Male	Veteran	59
37	09:07:00	Tony	Reeves	GS Stella	Male	Veteran	48
38	09:08:00	Simon	Steeles	Worthing Excelsior CC	Male	Veteran	49
39	09:09:00	Rick	Hughes	Worthing Excelsior CC	Male	Veteran	56
40	09:10:00	Mark	Smith	Crawley Wheelers	Male	Veteran	46
41	09:11:00	Donald	Parker	Brighton Mitre CC	Male	Veteran	70
42	09:12:00	James	Cheeseman	Lindfield Coffee Works	Male	Senior	34
43	09:13:00	Richard	Parrotte	Shaftesbury CC	Male	Veteran	55
44	09:14:00	Jonathan	Pontin	Addiscombe CC	Male	Senior	29
45	09:15:00	Dale	Lush	Kingston Phoenix RC	Male	Veteran	41
46	09:16:00	John	Mcgrath	Worthing Excelsior CC	Male	Veteran	56
47	09:17:00	Rupert	Robinson	Crawley Wheelers	Male	Veteran	48
48	09:18:00	Tom	Houghton	South Downs Bikes / Casco Pet	Male	Veteran	48
49	09:19:00	Kevin	Nelson	Crawley Wheelers	Male	Senior	31
50	09:20:00	Liam	Maybank	Twickenham CC	Male	Veteran	47
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